

**International Style**

Dance notes by Lee & Peggy Santos  
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**Bronze & Silver Foxtrot**

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**Bronze Foxtrot**

<b>Figure</b>	<b>Timing</b>	<b>Gentleman Footwork</b>	<b>Lady Footwork</b>
Prep step	beat 7 8 (S)	HF	BF
Feather Step	SQQ	HT T TH	TH TH TH
Reverse Turn	SQQ SQQ	HT T TH THT T TH	TH HT TH HT TH TH
Three Step	SQQ	H HT TH	TH TH TH
Natural Turn	SQQ SSS	HT T TH TH	TH HT TH HT
Repeat above from Feather Step			
Feather Step	SQQ	HT T TH	TH TH TH
1-4 Reverse Turn	SQQ S	HT T TH TH	TH HT TH HT
Basic Weave	QQQQ QQ	HT T T T T TH	TH T T T TH TH
Three Step	SQQ	H HT TH	TH TH TH
Natural Weave	SQQ QQQQ	HT T T T T T TH	TH HT T T T TH
Change of Direction	SS S	H IE of TH , then	TH T,IE of TH of RF; T

**International Style****Silver Foxtrot**

<b>Figure</b>	<b>Timing</b>	<b>Gentleman Footwork</b>	<b>Lady Footwork</b>
Prep step	beat 7 8 (S)	HF	BF
Feather Step	SQQ	HT T TH	TH TH TH
Reverse Turn	SQQ SQQ	HT T TH THT T TH	TH HT TH HT TH TH
Three Step	SQQ	H HT TH	TH TH TH
Natural Turn	SQQ SSS	HT T TH TH H IE of foot, WF IE LF; H	TH HT TH HT TH then IE of RF; T
Hover Feather QQ could be used at the end of the Natural Turn. Then continue with Reverse Turn or Open Telemark to Feather ending SQQ SQQ.			
Three Step	SQQ	H HT TH	TH TH TH
Hover Cross	SQQQQQ	HT T T T T T TH	TH HT T T T TH TH
Reverse Turn	SQQ SQQ	HT T TH THT T TH	TH HT TH HT TH TH
1-4 Reverse Turn	SQQ S	HT T TH TH	TH HT TH HT
Basic Weave	QQQQ QQ	HT T T T T TH	TH T T T TH TH
Three Step	SQQ	H HT TH	TH TH TH
Natural Weave	SQQ QQQQ	HT T T T T T TH	TH HT T T T TH
Hover Telemark	SQQ	HT T(RF) then IE of T of LF; TH	TH T (LF) then IE of T of RF; TH
Feather Step Outside Partner	SQQ	HT T TH	TH TH TH
Reverse Turn Top Spin, if needed	SQQ SQQ QQQQ	T T T TH	T T TH TH
Hover Telemark to PP	SQQ	HT T(RF) then IE of T of LF; TH	TH T (LF) then IE of T of RF; TH
Feather Ending	SQQ	HT T TH	HT TH TH
Change of Direction	SS S	H IE of TH , then IE of T of LF;	TH T,IE of TH of RF; T
Feather Step	SQQ		
Reverse Turn	SQQ SQQ		
1-4 Reverse Turn (½ T left)	SQQ S	HT T TH THT	TH HT TH HT
5-9 Reverse Wave (Heel Pull is shown as ending, Closed Impetus may be used to end)	QQS SS	T TH TH H, IE of whole Foot then IE of LF; H	HT TH HT TH, then IE of T of RF; T
Feather Step	SQQ		
Open Telemark	SQQ		
Open Natural Turn	SQQ		
Outside Swivel	S		
Weave from Promenade Position	SQQ QQQQ		
Change of Direction	SS S		
Approaching the corner			
Three Step	SQQ		
Natural Telemark	SQQQQ		

Closed Telemark	SQQ
Feather Step Outside	
Partner	SQQ
Change of Direction	SS S